HELEN SESAY

Personal

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Skills

- Microsoft word Office
- Editing
- Customer Service
- Sewing

Education and Qualifications

Bachelor of Arts (honours) 2.1 in Acting and Performance — Sep 2018 - Jul 2021
University of the Creative Arts, Farnham

Level Three Distinction Diploma in Acting and peformance — Sep 2016 - Jul 2018
City of Westminster college

Six Gcses including English and Maths — Sep 2011 - Jul 2016
St Martins in the fields high school for girls, London

Work experience

Volunteer Youth Worker — Oct 2026 - Present
The Angel shed Theatre, london

- working with children from the ages of 10 to 13 show their love for drama and performance
- coordinate games and assist with drama workshops
- helping the children create scenes through singing , dancing and acting

Production Runner — Jun 2026 - Jun 2026
Pinocchio Unleashed by Filmtvfxstudios, london

I was production for Filmtvstudios of the make of Pinocchio Unleashed a day shoot. I was in charge of BTS and helped with the daily tasks needed on set

Other Employment — May 2025 - Present
Freelance Barista, London

I currently work full-time as a freelance barista. Previously, I've worked various hospitality roles including bartending, waitressing, and cooking, where I developed transferable skills relevant to the art department.

- Adaptability and flexibility to meet different shift demands
- Physically fit and accustomed to hands-on work
- Strong communication
- Problem solving
- Multitasking
- Attention to detail
- Proven reliability

Certificates and Achievements

- **August 2016** : National Citizen certificate
- **September 2024**: Level 2 food and safety certificate
- **January 2026:** Basic DBS
- **March 2026**: Paediatric First Aid certificate
- Vinted Crochet business
- **June 2026:** IMBD Credit for Pichnocco Unleashed